

## **JESUS APPEARING IN HIS RISEN BODY**

### **SOME POST-RESURRECTION APPEARANCES OF JESUS**

You may want to spend some time reflecting on any of these Gospel passages. Jesus appears in his risen body, a body not immediately recognizable, but then known by his voice, his wounds, his breaking the bread, his breathing.

- Mary recognizes the risen Jesus when he calls her name (John 20:11-18)
- Thomas doubts and needs to touch Jesus' wounds (John 20:24-29)
- Nets are pulled ashore overflowing with fish (John 21:4-14)
- The disciples on the road to Emmaus recognize Jesus in the breaking of the bread (Luke 24:13-35)
- Jesus breathes on the disciples the gift of the Spirit (John 20:19-23)

Ignatius suggests that we put ourselves right into the scene.

Be totally present to what is going on, especially the physical aspects.

Pay attention to the emotion.

What do you hear? feel? notice?

What do you notice about Jesus? about those he encounters?

Listen to your heart:

What do you wish to say to Jesus?

Listen to Jesus:

What might he be saying to you at this moment in your life?