## What is the IVC?

The Ignatian Volunteer Corps ("IVC") is a national non-profit organization that seeks to better communities through matching men and women, age 50 and better, with meaningful opportunities to serve the needs of people who are poor, to work for a more just society, and to grow deeper in their faith.



Ignatian Volunteers commit to working one or two days per week (generally eight to sixteen hours) for a period of ten months. We partner with Service Agencies that directly serve the poor or address poverty-related issues.



## The IVC Difference

IVC's communal and spiritual aspects set IVC apart from other volunteer opportunities. Transformation occurs for Ignatian Volunteers when they minister to the poor, and then take time to intentionally reflect on their ministry. Thus, IVC integrates a spiritual support program into a volunteer's service.

To "find God in all things", IVC's spiritual support program encourages spiritual reflection on the following three levels:

- Private Reflecting on service experiences through journaling and prayer.
- 2. Individual Meeting monthly, one-on-one, with a spiritual reflector, versed in Ignatian Spirituality, who helps uncover the deeper meaning within one's service experience.
- 3. Communal Sharing and developing spiritually with other local volunteers through prayer, reflecting on service experiences and discussing common reading materials, while learning Ignatian Spirituality. The volunteers also gather periodically during the year for special days of prayer/reflection.

## Is IVC for You?

The process of matching an Ignatian Volunteer with a partner agency is crucial. To facilitate the best match possible, potential volunteers reflect on the following questions:

- 1. What concerns, issues, populations touch your heart?
- 2. If you could design your own placement, what would it look like?
- 3. What gifts, knowledge, skills, and abilities do you feel called to share with the community?
- 4. What else may directly, or indirectly, influence a strong match with a partner agency?

Interested in learning more about the Ignatian Volunteer Corps?

We invite you to explore our website <a href="https://www.ivcusa.org/nepa">www.ivcusa.org/nepa</a> or contact Teddy Michel, IVC NEPA Regional Director, now!

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