

QUESTIONS TO SIT WITH

Becoming a Contemplative in Action

- Which is the preferred life: the active life or the contemplative life?
- Do we act to find God or does God find us?
- How does our active life feed our contemplative life? How does our contemplative life feed our active life?
- Based on your lived experiences, think about how becoming a contemplative in action relates to the Greatest Commandment.¹

Teddy Michel

Director, Ignatian Volunteer Corps of Northeastern Pennsylvania

-
- ¹ Matthew 22: 34-40 states:

34 When the Pharisees heard that he had silenced the Sadducees, they gathered together, 35 and one of them [a scholar of the law] tested him by asking, 36“Teacher, which commandment in the law is the greatest?” 37 He said to him,^{*} “You shall love the Lord, your God, with all your heart, with all your soul, and with all your mind. 38 This is the greatest and the first commandment. 39 The second is like it:^{*} You shall love your neighbor as yourself. 40 The whole law and the prophets depend on these two commandments.