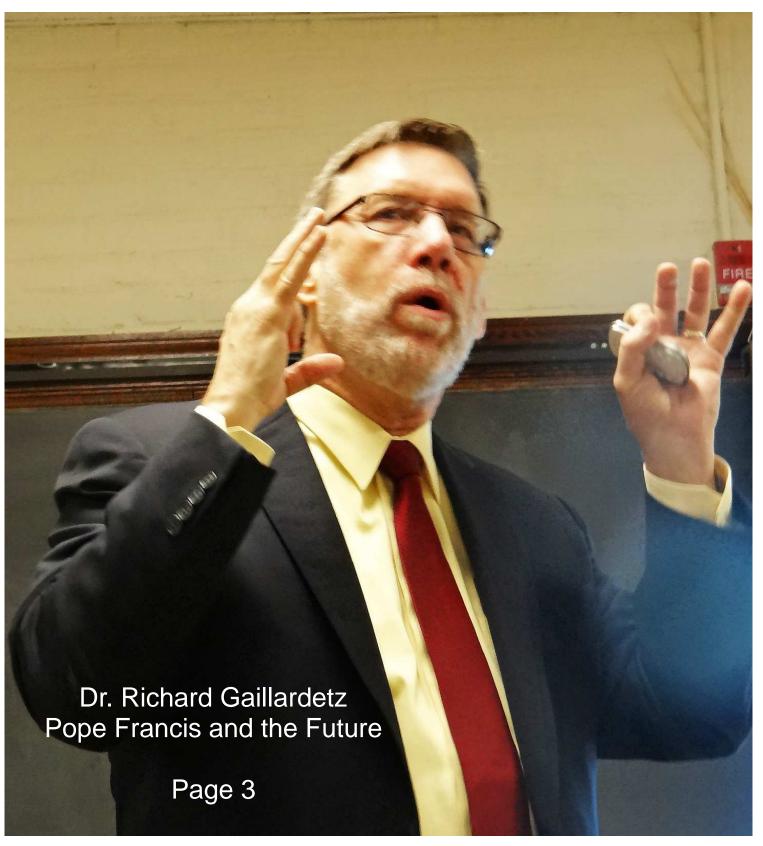
Corps Connector

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Experience Making a Difference

Washington DC/ Metro Maryland & Northern Virginia Regional Council

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Corps Connector

is published three to four times annually by the Northern Virginia and DC/Metro Maryland Regions of the Ignatian Volunteer Corps.

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Photos by Dick Bowling unless

otherwise noted

Notes from the Editor



Nellie and My Lost Keys



Where are they? They gotta be here! Whenever I do the laundry, which I did last night, I take them out of my pants pocket and put them right here. My calendar/phone number book is here, so where are my keys? O God, I must have left them in my pants, and they went through the wash along with my pen that I always keep in the same pocket and it's not here either.

Go! Empty the washer, dump the clothes out into the laundry basket. Here are the pants I was wearing. My keys are not in the pockets. Where are they? Did they fall out in the wash? Put the clothes in the dryer but shake out each piece in case they got caught in them. Not here. Search the pockets again. Nope!

Think! They've got to be here. Somewhere. In the house. Otherwise I couldn't have driven home, unlocked the mail box or got into the house. If they're not in the washer, maybe they dropped out of my pants when I was watching TV. But it's been a long time since that's happened.

Don't panic! You know they're here in the house, somewhere. Sit on the pot. Floss your teeth, comb your hair, shave. Talk to Nellie. Pray to St. Anthony like Mom always said. Then go look for them.

I settle down some as I watch Nellie scamper around the bedroom. She jumps off the bed. Walks into the bathroom to say good morning. Tail all puffed out like a bottle brush. "How do you make your tail fluff out like that?" I ask. She ignores me. Saunters back to the bedroom. Springs on the clothes hamper. Does something I don't ever remember her doing before.

As she stands on the hamper, I watch as she stretches up. A long, long stretch. Reaching for the fanny pack I carried my wallet in when I went to the gym yesterday. "I know where my keys are!" I shout, almost out loud. I rush into the bedroom and there they are! No, not in the fanny pack, But where Nellie showed me they were (and where St. Anthony had whispered it in her ear).

How did she do it? What clue did she give me? Is she psychic? Did she know I'd spend fruitless hours searching? This is how it was done. When she reached up for my fanny pack, it reminded me that I also did something I almost never do. When I got home from the gym, I didn't change out of my gym pants but wore them the rest of the day. When I went to bed I hung them like I usually do on their peg. And my keys still in them! Not in the pants I thought I wore and put in the wash!

Dick Bowling

IVC Day of Reflection: Pope Francis and the Future



REFLECT" IS TO THINK UPON, but also to hold up a mirror to see a clear image. In the humility of a Pope who models the Person of Jesus Christ, we also see ourselves, the Church, the action of each, displayed in our own arena.

Dr. Richard Gaillardetz, President of the Catholic

Theological Society of America and Joseph Professor of Catholic Systematic Theology at Boston College, gave a comprehensive, well-grounded and cohesive presentation to the attending IVC members. With competence born of accomplished teaching, writing and dedication to intelligible theology, he gave a prismatic focus on Pope Francis, extensively quoting Francis' remarks which center on his call to missionary discipleship. This is the overarching light—to carry the Eucharist to all and to enter that reflected Living Image of Christ. This is

truly fit to the spirituality of IVC members interested in greater freedom to serve.

Dr. Gaillardetz points out Francis is the first Pope ordained after Vatican II, the first Jesuit to be elected to the Papacy. He carries forward a systematic and inspirited Vatican Council teaching—he now expresses in the Gospel of Joy.

With deft accuracy in details of history and the evolving character of Vatican II, Dr. Gaillardetz traced a trajectory of seventy–five years of leadership from Pope John XXIII through Paul VI, John Paul II and Benedict XVI to a peak in Francis. "In a balance of continuity and discontinuity, Pope Francis offers a fresh reception of the Council through the lens of CELAM (the Regional Conference of Latin American Bishops) which in 1998 records what was going on in Latin America. CELAM is about missionary discipleship, not a theology of the Laity. This is crucial to how Francis reads Vatican II. Pope Francis brings a down-to-earth robust, Christocentric mission to us as a logical vision of Vatican II." He gives us the living proof of its validity and practicality in his words and actions, still emphasizing the beauty of Christ's love.

Paraphrased, "The Church, by its very nature is missionary..., according to the plan of the Father, its origin is in

the mission of the Son and the Holy Spirit, Who instituted a mission and constructed a Church to serve it. The *raison* d'être of the whole Church is to be 'in the street.' It is a centripetal Church with outward movement." Dr. Gaillardetz cross references this with Ives Conger's, "The Church reforms itself most effectively when it goes out to the edges."

It sounds like a description of the IVC at work. Dr. Gaillardetz quotes further: "It is a Church of hospitality; a listening Church hearing the word of the Father. We are urged to live in corporate prayerful discernment, to teach what we have received, to witness as Catholics; to be a humble learner. All by baptism are prophet, priest and king. We have supernatural instinct: know it deeply, apply it more fully. We need to have intimate experience of contemplation and study, experience guided by the bishops. We

are all consultative—in the consult of the Holy Spirit—in a pastoral, distinctive approach to doctrine."

The trajectory is complete, the image in perfect focus. In a Pope who speaks mercy, avoids pretension, and with his own hands openly serves the poor, we recognize his genius as Christ's eternal disposition of the heart. This inner disposition toward God is the one thing necessary. Pope Francis shows a Christ-like capacity to let God work through him. In similar imitation we can share in the loving Voice that says, 'Behold I come to do Thy will.' We can read his message again and see he is telling us about himself, telling us about our future.

Dr. Gaillardetz' final questions to IVC members about changes shaped by Vatican II, had eager responses: "collegiality, openness to the Laity, liturgical renewal; this love and service brought 'up to date." This is not new wine

poured into old wineskins. They received the violet distillation in their youth. Now ageless, it is lovingly savored in shared Eucharistic life, to insure another generation will know the Living Light, now shining in the Vicar of Christ.

anne of

by Barbara Hairston



Be still and know that I am God

In Ignatian prayer we begin by asking for the grace we need. Our day began with a meditation from Luke's gospel where Jesus, in his hometown synagogue, reads the passage from Isaiah 61 and then tells the assembly, "Today this is fulfilled." As we meditated, we each wrote the grace we most needed and placed the papers into the offering basket.

Be still and know that I am...

The gospels have many stories that show us Jesus the healer. In Mark's gospel, we meet the blind beggar Bartimaeus, sitting by the road as the crowd with Jesus passes by. Curious about what's going on, Bartimaeus learns that Jesus is passing by and yells to get Jesus' attention. The crowd tells him to shut up, but Jesus hears Bartimaeus anyway. The crowd is changed from being would-be silencers to being helpers who bring Bartimaeus to Jesus. Jesus asks "What would you like me to do?" and in reply is told "My teacher, I want to see." The healing is instantaneous, and Bartimaeus becomes a follower. We spent time in silent reflection, imagining this scene, and then shared our meditations in small groups.

Be still and know that I...

January 28th was the feast of Saint Thomas Aquinas, "my teacher" to the church a millennium ago. At our Eucharist, the parable of the sower and the seeds was proclaimed. I remembered my first days as a volunteer driving clients from the SERVE shelter to medical appointments or job interviews. Many of my passengers had the thorns of anxiety or poverty or cravings in their lives, and these choked their growth. One day as I drove the van along Prince William Parkway, I remembered this parable. I put "I sow seeds" on the business cards I gave my clients.

Be still and know that...

Saint Ignatius taught his community to reflect on the ordinary experiences of their lives. His 5-step prayer, the Examen, teaches a way to look back on what is happening in and around us and to look ahead to discern how to act in a way worthy of our vocations as Christians. The steps are remarkably simple:

Pray for God's help. We pray for the grace we most need.

Be grateful for God's gifts. Two days before Christmas I had a seizure. I have no memory of the next several hours of that day. Upon awakening the first face I saw was Pat's and she was smiling at me. I am so thankful that she is a part of my life. Earlier this year the meditation on Sacred Space was about indifference (http://www.ignatianspirituality.com/

18411/new-years-gift-of-indifference). The key is to hold God's gifts in balance and to accept the coming and going of all God's gifts. I am grateful both for Pat and for the opportunity to discern a different path for my life that having had a seizure is giving me.

<u>Pray over the feelings that arise</u>. God communicates with us both through mental insights such as I experienced driving the SERVE van and through our feelings as we reflect on our lives. Ask God to help. Do your feelings draw you closer to God or do they lead you away from God. From these we discern where Jesus is leading us.

Rejoice and seek forgiveness. When were you brought closer to God, and when did you resist him? Thank God for the grace of awareness.

<u>Look to the future</u>. Invite God to be a part of your life. Be specific, and ask God for the grace you need. Thank God from your heart, or with a prayer like The Lord's Prayer.

Be still and know...

In our last meditation of the day we were with Jesus at the pool of Bethsaida as he healed a cripple who had been afflicted for 38 years. Jesus asked "Do you want to be healed?" The cripple gave Jesus excuses for why (s)he had persisted in his (her) illness for so long, but ultimately was healed. I detest exercising. I know it is good for me, but, for whatever reason, I won't go to the gym. If you see me taking a walk, you'll know that grace is working in me.

Be still...

We have a prayer from Ignatius known as the "Prayer of Surrender"; a more appropriate title for the prayer would be "Let's Make a Deal" or "I Double-Dare You". We are dared to give all God's gifts to us back to God and in return ask for God's love and grace. Nothing more.

Be...

January Day of Prayer

by John Durkin

The Northern Virginia and DC/Metro Maryland Regional Councils of the Ignatian Volunteer Corps cordially invite you to the

Evening of Cratifues

Sunday Λpril 26, 2015

5:00 pm Eucharistic Liturgy at St. Aloysius Church Washington, DC Monsignor Ray East

6:00 pm Seated Reception
Gonzaga College High
School

Celebrant & Homilist



Join Us in Honoring Our Ignatian Volunteers and Della Strada Award Recipients

John and Mariann Horejsi



Joseph and Frances McCloskey (posthumously)

Register or donate online at:



www.IVCUSA.org/dcmetro-maryland www.IVCUSA.org/northern-virginia

click on Evening of Gratitude

Consider a Tribute Ad – A great way to thank our Honorees, Volunteers, and Reflectors!

\$50 for a PowerPoint slide to play on a continuous loop during the reception.

Submit Ad Text by April 17

For more information, contact:

Michael Goggin mgoggin@ivcusa.org 202-277-4447

Joanie Coolidge jcoolidge@ivcusa.org 703-352-4140

www.ivcusa.org





Introducing...New Northern Virginia Volunteers

Antoinette Condo worked for twenty-six years with the US Department of State as a program officer for environmental issues. She earned a BA degree in Geography from St. Louis University and an MA in Psychology from Ohio University. She attends St. Agnes Church in Arlington. She volunteers with the National Park Service and still desires to do more. She also helps care for her grandchildren.



Sandy Cleva, along with her husband Greg who is also an IVC Volunteer, worship presently at St. Ann's Church in Arlington. She has worked for the US Fish & Wildlife Service. She earned a BA and an MA in English at the University of Virginia.

Previously she has volunteered with the St. Charles ESL program and the Arlington Food Assistance Program. "IVC builds community among volunteers, who all share a commitment to living the faith through service," she gives as what has drawn her to IVC.



Marcie Corbitts, a widow and mother of a large family, is a longtime member of St. Joseph's parish in Alexandria. She has been integral to the support of many Catholic ministries, most notably serving as Co-chair a few years back for the Catholic Charities

ball. She currently is assisting IVC with the annual Evening of Gratitude fundraising efforts and event coordination.



Joseph Delfico, married to Virginia Delfico, came to IVC just a few weeks ago. With his wife he attends St. Mary's Church in Alexandria. He has worked as a consultant with Consultants in Continuing Improvement and with the National Academy of Public Admin-

istration. He received a BS degree in Engineering from New York University and an MS in Industrial Engineering at the University of Southern California. He previously volunteered with the City of Alexandria Commission on Disabilities and Commissioner/Chairman of the Employment Commission. What drew him to IVC is his desire to help the disadvantaged in any way he can.



Virginia Delfico and her husband Joseph worship at St. Mary's in Alexandria and both are looking to try the IVC experience after seeing friends enjoy it so much. Virginia has a BA in psychology from Hunter College in NY and an MA in Museum Education with a concentration in Art History from George

Washington University. She served as the Director of Education of the Textile Museum, while also engaging in volunteerism. She has taught CCD at St. Ambrose, driven folks to doctors' appointments with FOCUS, and offered counseling at Hope, a crisis pregnancy center.

Bill Fanning, married to IVC volunteer Marie, founded his own management consulting firm, Fanning and Associates, which specializes in offering Information Technology (IT) services and more. Bill graduated from Scranton University in PA, served in the Coast Guard, worked for IBM Corporation, and has a profound love for people! His Holy Trinity parish involvement has led to numerous volunteer experiences including helping out at SOME.



Marie Fanning worked as a supervisor at the Graduate School of Education at George Mason University and attends Holy Trinity parish in Georgetown. She has a BA degree from Marywood University, Scranton PA with graduate work in Education. Her husband is Bill Fanning, also a new IVC

Volunteer. She has previously volunteered for SOME and as a tutor in public schools. What drew her to IVC? "I would like to reach out and make a difference in others' lives," she says.



Judy Keating worships at Holy Trinity Church in Georgetown. She worked for 18 years with the Energy Department. She received a BA degree in English Literature from Marquette University. She has done extensive volunteer work at various parishes and with the Arlington County Adult

Education program teaching ESL & Citizenship. After volunteering with IVC a number of years ago, she took a break, but has returned to IVC to soak up the spiritual support IVC provides.

Ken Telesca joins us as a new Spiritual Reflector who wishes to make himself available to IVC volunteers as a companion in their spiritual journey. After a successful career in finance, he took a vocational turn by pursuing a Pastoral Counseling graduate degree at Loyola University in Baltimore. He worked for many years for Catholic Charities in this capacity and enjoys longtime friendships with many in the IVC and Cursillo communities.



Tom Long with his wife Susan worships at St. Agnes Church. Up to the present he has been president of GTL Strategies which is "a federal government-affairs firm that provides strategic counsel and collaborates with clients to develop and maxim-

ize the effectiveness of their health care policy programs." He has received a Bachelor of Arts degree from the University of Notre Dame and a Juris Doctor degree from Boston College Law School. What has drawn him to IVC is the combination of service and spiritual development.

Carol Poplin attends St. Charles Borromeo Church where she has worked as an administrator. She has also worked as administrator at St. Anthony's Church for many years. Her husband's name is Lloyd. Her previous volunteer activities include acting as the Secretariat for the Cursillo Movement in the Diocese of Arlington, working on the St. Charles Development Committee and for the Lyon Village Citizens Association. She has just recently been placed with Fairfax County Adult Day Care Center. Carol says that what drew her to IVC is that: "It strikes me as being the best of all."

Maureen McMahon, a widow and mother, retired from



34 years of teaching literature at Bishop O'Connell High School. She worships at St. Joseph's in Alexandria and has a potential IVC placement tuturing at Corpus Christi Catholic School in Falls Church. Rumor has it that Maureen will be presenting on Flannery O'Connor for an upcoming

OLLI course in the near future (stay tuned).



Bill Stieglitz is married to Kathy Stieglitz and attends Our Lady of Good Counsel Church in Vienna. He worked for the US Dept. of Defense with the Missile Defense Agency and as a Program Analyst from 2001-2014. He received a BS degree from

the US Naval Academy, an MA in Political Science from Miami University, and an MBA in Finance from George Washington University. What drew him to IVC was his desire to be of service to the poor.



Wynne Tysdale is married to her husband George and worships at St. Robert Bellarmine at the George Mason University campus. She worked at the National Defense University as a librarian. She earned a BA degree in English Education at North

Dakota State University and an MA in Library Science from the University of Michigan. She has volunteered at the Fairfax City Regional Library in the Technical Services division. Her wish to learn about Ignatian Spirituality and how it can help others improve their lives both materially and spiritually is what has drawn her to IVC.

John White is married to Kathy White who is also a new IVC Volunteer; they attend St. John Neumann Church in Reston, VA. After graduating from Virginia Tech in engineering, John enjoyed a career at Exxon-Mobile, which afforded rich travel and work experiences in the Asia Pacific while based in Singapore. As an IVC volunteer, he is looking to put his handyman and organizational skills to use while growing in a vibrant spiritual community. Currently he is driving for SERVE while veteran volunteer John Durkin recovers his health.

Kathy White along with her husband John worships at St. John Neumann Church in Reston. She retired from teaching in 2010. She earned her BA in Music and a BA Education: from Eastern Washington University. She has volunteered previously doing office work at Food for Others. What has drawn her to IVC is her desire to serve others and make a difference in her community. John and Kathy are launching a bible study and reflection group together at St. John Neumann.



Introducing...New D.C. Metro Maryland Volunteers



Katie Cogan received her MA in Counseling Psychology and Pastoral Counseling from Loyola University Maryland in Baltimore in 2002. Since that time, she has worked extensively in Howard and Montgomery counties as a

certified trauma therapist, including some time spent in private practice. She is also a cancer survivor. She attends Holy Trinity Parish in Georgetown and is serving as an IVC volunteer at St. Ann's Center for Children, Youth and Families in Hyattsville, Maryland.



Tony Guglielmo is a retired financial consultant who worked for such companies as BAE Systems, Troy Systems and RAM Corporation for over 35 years. He has been active in catechetical ministries in a variety of par-

ishes in both Connecticut and the Archdiocese of Washington. He currently worships at the Church of the Nativity on Georgia Avenue in Washington. He is brand new to IVC, having submitted his application on the last day of January 2015.



Coralee Hoffman is retired from the United States Department of Health and Human Services' Office of the Inspector General. She holds both an MA Refugee Services. and a ID, the latter obtained later in her career. She is a parishioner at Blessed Sacrament in Chevy Chase Circle and is currently volunteering through IVC at TASSC (Torture Aboli-

tion and Survivor Support Coalition.)

Heather Lanasa is one of the youngest IVC volunteers ever to serve in the twenty year history of the organization. She is raising four children in Montgomery County, where she is active in music ministry at St. Rose of Lima Parish in Gaithersburg. She holds a BA from James Madison University and an MBA from Duquesne. She and her family recently relocated to the area from the Diocese of Raleigh, where she had a transformative experience with the JustFaith program at her parish. She is using that experience to pioneer a new national partnership between IVC and JustFaith, focusing on promoting both in the Archdiocese of Washington.

Bart Merella is a permanent deacon of the Archdiocese of Washington, where he is assigned to the Cathedral of St. Matthew. He resides outside the city in Bowie. He is retired from the Department of the Navy and almost retired from his duties as Registrar of the Washington Theological Union, which trained generations of seminarians and lay men and women of faith. He is quite new to IVC, having completed his interview and awaiting placement at a partner agency.

John Murphy worked for Smith Bucklin and has experi-



ence on Capitol Hill. His BA is from St. Michael's College in Vermont and he also did graduate work in government and politics at the University of Maryland. He is an active volunteer at Holy Trinity Parish in Georgetown, especially at that parish's 5:30 p.m. Sunday liturgy. He attended an orientation that IVC did at that parish in December 2014. His

IVC placement is currently pending.



Michele Pagan is a self-employed textile conservator whose clients include the Smithsonian Institution. She and her husband have an affinity for Vermont, where they maintain a second home. While in DC, Michele worships at St. Joseph's on Capitol Hill. Having past experience as an ESOL instructor, Michele has begun volunteering with IVC for Catholic Charities

Meet the Evening of Gratitude's Della Strada Awardees

Joseph and Frances McAllister McCloskey raised a family steeped in service to the Church and the community. Together they gave us the gift of their children: Fr. Joe McCloskey, S.J., spiritual director extraordinaire and a Jesuit priest for more than fifty years; Peggy Ferguson, a mentor to over 500 high-risk pregnant young women in Northern Virginia; and Pete McCloskey, created Study Buddies, a program in 35 states that connects volunteer tutors with struggling students.

John & Mariann Horejsi's sacrificial thirty year dedication to alleviating poverty deeply embodies the Ignatian commitment to service and justice. Mariann's direct volunteer service and John's steadfast nonpartisan advocacy as Founder and Coordinator of Social Action Linking Together (SALT) have improved thousands of lives who have no voice in the public arena. A network of 1200+ individuals from Northern Virginia, SALT has successfully advocated for legislation addressing the issues of adequate housing, hunger relief, humane treatment of those incarcerated, tax relief for the working poor, and more.



Washing, Drying, Folding, and Storing Clothes At the Lamb Center

With Tim O "Connor



Internet Photos

I am an Ignatian Volunteer and one of 125 other non-IVC volunteers, several of whom staff the Center on a daily basis. I have been here for over seven years, and I volunteer in the laundry where we wash, dry, fold, and store the clothes for the guests. Volunteering here brings me into weekly contact with incredibly wonderful people: the volunteers with whom I work; the staff whom I assist; and, most especially, the guests whom I serve.

The Lamb Center is a daytime shelter for the homeless located in Fairfax City. It is open Monday through Friday from 8 am to 3 pm; on Saturday from 8 am to 12:30 pm. We offer the homeless, we refer to them as "guests", breakfast and lunch, laundry services, shower facilities, a mailing address, phone services, and employment counseling. Three case-workers are on staff to assist the guests in procuring county services and housing. A nurse visits the center weekly, and a lawyer offers pro-bono services on a periodic basis. It's just a great place to volunteer.

During the day we hold two Bible discussions and five prayer circles. All Bible discussions and prayer circles are optional, but their presence has helped establish a definite religious atmosphere at the Center. This atmosphere has a positive effect on most of the guests. to 100 come to us daily—are suffering from lives that are broken in one way or another. Many struggle with depression, addictive disorders, paranoia, legal problems, and, of course, pov-

John MacPherson is the Executive Director of the Center, and Dave Larrabee is the Operations Director. Dave, has been at the Center for 16 years, and is referred to by many as the "soul" of The Lamb Center because it is his personality, his humility, and his exemplary Christian values which set the tone.

The laundry for me has been a wonderful place to meet and interact with our guests. They must come to the laundry, of course, to turn in and pick up their clothes, as well as receive any toiletries they may need. This has allowed me to get to know the names of many guests. Knowing their names and using their names is an important way to build respect and begin a friendship. Many of the guests are rarely called by their names or they're referred to by a "street" name. It has been my experience that an ounce of respect from me is met with a ton of gratitude in return from a guest.

Most of our guests—from 80

to 100 come to us daily—are suffering from lives that are broken in one way or another. Many struggle with depression, addictive disorders, paranoia, legal problems, and, of course, poverty. They sleep under the stars, a few in their cars. During these cold winter months numerous churches throughout the area, as part of a hypothermia prevention program, house them at night.

In January The Lamb Center purchased a new and larger facility to meet our growing needs. The Center is now in the midst of a drive to raise the funds necessary to renovate the building into an ideal shelter. We are basically supported by donations from a coalition of churches and by contributions from individuals.

Volunteering at the Lamb Center has changed my life. The guests I interact with are good, courageous people. I didn't know that about the homeless. I know that my life, with its own brokenness, is being healed by my contact with our guests. I definitely get much more than I give at The Lamb Center. I am truly blessed.





Architect's rendering of New Lamb Center

Upcoming Events

Evening of Gratitude
April 26, 2015
Gonzaga College
High School
The Commons

June Retreat
June 8-10, 2015
Loyola Retreat House
Faulkner, MD.
Facilitated by In-House
Retreat Team

Fall Retreat
September 14-16 2015
Loyola Retreat House
Faulkner, MD.
FACILITATOR
T.B.D.

Northern Virginia Region 2015 City Groups

Our Lady Queen	St. Charles	St. John Neu-	St. Joseph's
of Peace	3304 Washington	mann's 11900	711 Columbus
2700 19th Street	Blvd Arlington,	Lawyers Road	Street, N.
South	VA 22201	Reston VA 20191	Alexandria, VA
Arlington, VA	Room 103	3rd Tuesday	22314
22204	2nd Thursday	10:00 am-12:00 noon	3rd Wednesday
2nd Tuesday	10:00 am-12:00 noon		10:00 am-12:00 noon
10:00 am-12:00 noon			
Apr. 14, 2015	Apr. 9, 2015	Apr. 21, 2015	Apr. 15, 2015
May 12, 2015	May 14, 2015	May 19, 2015	May 20, 2015

DC/Metro MD Region 2015 City Groups

The Albrecht's	Wash. Jesuit Academy	
5814 Ogden Court,	900 Varnum St., NE	
Bethesda, MD 20816	Washington, DC	
1st. Thurs.—	2 nd Tuesday—11:00-1:00	
9:30–11:30	_	
Apr. 2, 2015	Apr. 14, 2015	
May 7, 2015	May 12, 2015	
·		